

YUCAIPA-CALIMESA JOINT UNIFIED SCHOOL DISTRICT

12797 Third Street • Yucaipa CA 92399 • (909) 797-0174 • Fax (909) 790-6104

“To Make a Difference in the Life of Each Child”

Resources for the East Valley

Inland Empire United Way - Helps with a multitude of resources including:

- *Kids Pack (food for weekends/holidays) Dial 2-1-1
- *School Tools (school supplies for low-income) Dial 2-1-1
- *Healthy Kids (good nutrition, fitness) Dial 2-1-1

Abuse/Violence Prevention

- Child Abuse Hotline 1-800-4-A-CHILD
- Child Protective Services (CPS) 1-800-540-4000
- National Domestic Violence 24 hr. Hotline 1-800-799-7233

Alcohol and Drug Services

- Alcohol and Drug Abuse Prevention Program (909) 387-6255
- Alcohol/Drug Abuse Treatment Services/Programs (909) 421-9465
- Alcoholic’s Anonymous (909) 825-4700
- My families, Inc. (focus on substance abuse) (951) 849-3896
- Substance Abuse Referral Service 24 hr. Hotline 1-888-743-1478

San Bernardino Communities Against Drugs

- Redlands-Yucaipa Guidance Center (909) 790-1300

Birth Control/Pregnancy Testing and Counseling

- County Reproductive Health – Young Adult Clinic 1-800-722-4777
- Planned Parenthood (909) 890-5511
- Yucaipa Valley Pregnancy Counseling Center (909) 797-6769
- 32999 Yucaipa Blvd. Ste. #105 Yucaipa, CA 92399
- (also provides help with maternity and baby clothing, baby furniture, adoption information)

California Relay Service (TDD) for Hearing Impaired

1-800-735-2929

Crisis/Suicide Hotline

- National Hopeline 1-800-442-4673
- San Bernardino Access Line 24 hr. Hotline 1-888-743-1478

Emergency Food/Resources

- Community Action Partnership Food Bank – Walk-in emergency food (909) 723-1592
- San Bernardino County Food Hotline 1-800-643-6630
- The Treasure Box/La Caja de Tesoros www.treasurebox.org
- Pre-assembled box packed with \$75-100 of food for \$32 per box
- Pre-order online or at: Good Shepherd Lutheran Church 34215 Ave. E (909) 809-9412

General Counseling

Department of Behavioral Health Access Unit 1-888-743-1478
San Bernardino Family Services (909) 886-6737

Housing and Emergency Services

Set Free Christian Ranch, Cabazon - 60 days shelter (951) 849-3678
Community Action Partnership – Emergency Assistance (909) 723-1500
696 S. Tippecanoe San Bernardino, CA 92415
*Family Development Program (rent, motel vouchers, bus passes) (909) 723-1560
*Food Bank – Walk-in emergency food/ongoing food giveaway (909) 723-1592
*Homeless Coalition – For referrals, advocacy, support (909) 723-1523
Family Services Association (909) 793-2673
612 Lawton Street Redlands, CA 92374
Redlands TAD (909) 335-0666
881 West Redlands Blvd. Redlands, CA 92373
Salvation Army – Emergency Resources (909) 792-8818
838 Alta Street Redlands, CA 92374

Legal

Inland Counties Legal Services (909) 884-8615
San Bernardino Child Support (909) 799-1790
YMCA – Legal Aid (909) 798-9622
500 East Citrus Redlands, CA

Medical

CARES (IEHP/Medi-Cal for Riverside County) 1-800-706-7500
Department of Public Health – Information (909) 387-6280
Family Services Association (909) 793-2673
612 Lawton Street Redlands, CA 92374
Inland Empire Community Health Clinic (909) 877-0510
Loma Linda University Medical Center – provides services to uninsured (909) 796-7311
Public Health Department Child and Adolescent Health 1-800-722-3777
*Health/Camp/Sports Check-ups (CHDP)
SAC Clinic (909) 382-7100

Runaway

National Runaway Switchboard 1-800-RUNAWAY
National Youth Crisis Hotline 1-800-442-HOPE

Sexually Transmitted Diseases

AIDS Hotline 24 hr. 1-800-342-AIDS
County HIV Clinic (909) 383-3060
County Reproductive Health 1-800-722-4777

Stop Smoking Resources

American Lung Association (909) 884-5864
California Smoker's Helpline 1-800-NO-BUTTS
Spanish 1-800-45-NO-FUME

Utilities

Lifeline (English) 1-866-272-0349
For Other Languages 1-866-272-0357
HEAP Energy (909) 723-1680

Community Resources

Community Assistance Network

Children's Network (909) 387-8966

Community Services/Recreation

City of Yucaipa Community Center (909) 790-7460
Kid's Club (before/after school childcare for schools) (909) 797-2489 x241
Project Life Impact www.projectlifeimpact.org (909) 388-1700
468 W. 5th Street Ste. 212 San Bernardino, CA 92401
(after school/educational programs, sports, parent involvement program)

Counseling

Bobbie Barnes, PhD (marriage/family therapy, adolescent therapy) (909) 793-8312
1210 Nevada Street, Ste. #101 Redlands, CA 92374
Candace/Curtis Brown (families, children, group/individual) (909) 798-2848
101 E. Redlands Blvd., Ste. #246 Redlands, CA 92393
Carol Bouldin, Ms, MFT (909) 795-9181
(abuse, addiction, adult, children, conflicts, women's issues)
Christian Counseling Service www.christiancounselingservice.org (909) 793-1078
51 W. Olive Avenue Redlands, CA 92373
City of Yucaipa Teen Center (909) 797-3662
12385 7th Street Yucaipa, CA 92399
1025 Calimesa blvd. Ste. 5A Calimesa, CA 92320
Cornerstone Behavioral Health (909) 825-5128
101 E. Redlands Blvd. Ste. 234 Redlands, CA 92373
Donald W. Grimm, PhD PSY-20305 (group, family, depression, anxiety) (951) 769-3288
10420 Beaumont Ave., Ste. B Cherry Valley, CA 92223
Inland Psychiatric Medical Group (909) 335-3026
101 E. Redlands Blvd. Suite 234 Redlands, CA 92373
Insight Behavioral Health (cost by sliding scale) (909) 797-3401
34675 Yucaipa Blvd. Suite 108 Yucaipa, CA 92399
Loma Linda Behavioral Health (909) 558-9200
1710 Barton Road Redlands, CA 92373
Michael G. Weiss, PhD
Nueva Vida Counseling Center (habla Espanol) (909) 825-6188
290 N. 10th Street Colton, CA
Preferred Behavioral Medical Group (909) 307-9824
245 Terracino Blvd. #206 Redlands, CA 92373
Redlands Psychological and Family Services (909) 793-8312
1210 Nevada Street #101 Redlands, CA 92374
Thomas Wickham, PhD
Terrill Wickham, PhD
Bobbie Barnes, PhD

Redlands Psychological and Family Services (*cont'd*)

Gunter Reiss, PhD

Myralynn Coleman, M.A.

Laurie Dickson-Gillespie, PhD

South Coast Community Services (909) 790-1300

34324 Yucaipa Blvd. Ste. B-D Yucaipa, CA 92399

Vernon Bradley, MFT (counseling, family therapy, couples, children, etc) (909) 797-8325

35249 Yucaipa Blvd., Ste. B Yucaipa, CA 92399

Yucaipa Valley Pregnancy Counseling Center (909) 797-6769

32999 Yucaipa Blvd. Ste. #105 Yucaipa, CA 92399

Dental Services

SAC Dental Clinic (909) 382-7120

Assistance League Dental Center of Redlands (909) 792-9430

Food/Clothing Resources

Yucaipa Valley Family Assistance (Referral Required) (909) 797-0244

35075 Avenue B Yucaipa, CA 92399

Catholic Charities (909) 880-3625

1800 Western Ave. #107 San Bernardino, CA 92411

Deseret Industries (John) (909) 795-0670

1197 Calimesa Blvd. Calimesa, CA 92320

Set Free Church – clothes giveaway 1st & 3rd Tuesday each month (909) 446-0033

13700 Calimesa Blvd. Yucaipa, CA 92399

Health Services

Redlands Family Clinic (909) 335-5799

802 W. Colton Ave. Ste. E Redlands, CA 92374

Riverside County Mental Health (951) 849-7142

1330 W. Ramsey Banning, CA 92220

SAC Health Clinic (909) 382-7100

1455 E. Third Street San Bernardino, CA 92408

Yucaipa Family Clinic (909) 790-5121

34675 Yucaipa Blvd. Ste. 101 Yucaipa, CA 92399

Low Cost Eyeglass Frames www.zennioptical.com

Health Insurance

Child Health & Disability (CHDP) Program 1-800-722-3777

Healthy Families and Medi-Cal Families 1-888-747-1222

Kaiser Permanente Child Health Plan 1-800-255-5053

Holiday Help

Thanksgiving

Check with Parent-Teacher Association at schools (PTA)

Set Free Church (909) 446-0033

13700 Calimesa Blvd. Yucaipa, CA 92399

The Treasure Box/La Caja de Tesoros www.treasurebox.org (909) 809-9412

Christmas

Check with Parent-Teacher Association at schools (PTA)
First Station Program, check with local fire stations or call
CAPSBC in San Bernardino holds a holiday event for kids

(909) 797-4569
(909) 723-1560

Homework Assistance

YHS Student Tutors – Contact Andy Anderson
www.homeworkhelp.com (1 day free)
www.sbcounty.gov/library
Tutor.com

(909) 790-8080

Public Transportation

Omnilink – Door to door rides
OmniTrans – Public bus

1-800-990-2406
1-800-966-6428